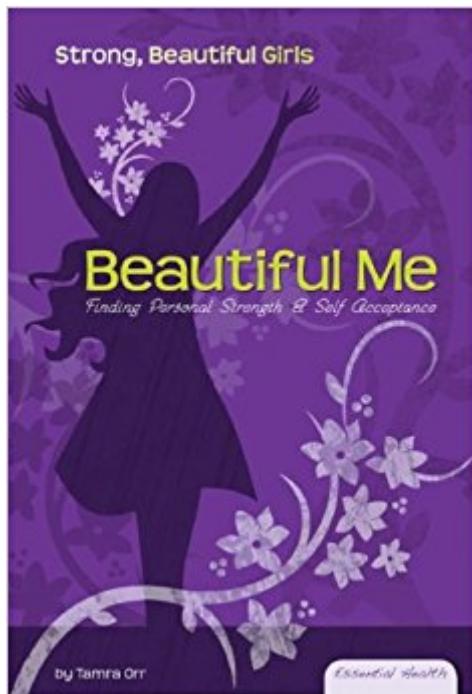


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# **Beautiful Me: Finding Personal Strength & Self Acceptance (Essential Health: Strong Beautiful Girls)**



## Synopsis

- Promotes girls' self-esteem- Common tween & teen scenarios- Talk About It discussion questions-  
Advice from Dr. Vicki- Get Healthy tips

## Book Information

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